



Parish Bulletin - Oct 22, 2017

**St. Mary's Knanaya Catholic Parish**

7800 W. Lyons, Morton Grove, IL. 60053

[www.smkcp parish.us](http://www.smkcp parish.us) . 847 919 5279



# Love without Limits

## *Pope Francis' Message for World Mission Sunday*

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## HOLY MASS SCHEDULE

### SUNDAY

07:45am Holy Mass in Malayalam  
10:00am Holy Mass in Malayalam  
10:00am Holy Mass in English  
05:30pm Holy Mass in Malayalam

### MONDAY — THURSDAY

07:00pm Holy Mass in Malayalam

### TUESDAY

After Mass Novena to St. Anthony

### THURSDAY

After Mass Novena to St. Jude

### FRIDAY

06:00pm Holy Mass in Malayalam

### SATURDAY

10:00am Holy Mass in Malayalam followed by Novena to Our Lady of Perpetual Help

### Announcement

#### Our next pre-marriage course:

From Friday, October 20th 4 PM  
To Sunday October 22nd 1 PM at  
Sacred Heart Knanaya Catholic Forane Church, Chicago.

## വരും നാളുകളിൽ

November 10-12

Ezra Meet, School of Evangelization residential retreat for spiritual leaders.

Nov 23 –26

**Krupabhisheka Convention** by Rev. Fr. Dominic Valanmanal, Marian Retreat Center, Anakkara

### A special event for all the senior citizens in our community

Some of our young adults from Chicago started a group called the "Be Better" group. The group is led by Stephanie Vanchipurakal and Mari-lynn Pathiyil. Each month they organize activities that help make themselves better people. This month, the goal was to "Be Better Grandchildren."

In our community, the elderly are often forgotten. We have many programs for the young children, youth, and the middle age men and women. However, there are not very many programs for our elderly. This is something that our young adults recognized. They wanted to use their talents and skills to put together a program that would benefit our senior citizens. They independently organized a Health Wellness day for our senior citizens as a way to promote healthy living and spend time with the grandparents of this community.

Jenson Aikkaraparambil (physical therapist) and Malu Idiyalil (occupational therapist) led the exercise class. They taught the grandparents how to do sitting chair exercises that use their arms and legs, while they listened to Malayalam music. Many volunteers from the medical field helped check blood pressure. Our medical volunteers were: Thomas Pathiyil, Michele Maramangalam, Melvin Joseph, Jelvin Joseph, Tima Tito, Tesa Taju, Anissa, and. We also had volunteers who helped us distribute snacks and set up the room. These volunteers included: Mathew Pathiyil, Jerry Thannikuzhuppil, Tobin Tito, and Tony Kizhakkekuttu.

Our senior citizens really enjoyed the class. Several of them asked if this can be a regular program! As a community it is our duty to care for our elderly and put together programs that meet their needs. Also, when our young adults bring these types of ideas to us we should encourage them and support them. They are the future of our community and it is important that we allow them to share their gifts and talents.



### OFFERINGS

### Oct 01– 15

Reg Mass Collection	699
Building Usage	1000
Building Fund	10
Feast Collection	1075
CCD Registration	535
Parking Lot Expansion	16150
New Chairs for Hall	4030
Sunday Mass Collection	1975
Annual Contributions	1020
TOTAL	26494

### ഏലിയ ശബ്ദീവ മൂശ കാലം ആറാം ഞായർ / Sixth Sunday of Elijah-Cross-Moses

Oct 22	PASSAGE	10:00 AM Malayalam Mass	11:45 AM Mass
1st Reading	Is 41: 08 — 16	Anu Kaniyaparambil	Steven Idiyalil
2nd Reading	Gal 06: 01 — 10	Jiju Vettikkattu	Santo Machanickal
Gospel	Mt 08: 23 — 34		



# Be Better

..... Event Organized for Senior Citizens By KYAA

