

**Pastor**

Fr. Thomas Mulavanal

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**Secretary**

Rev. Sr. Xavier SVM 847-834-1073

**Weekly Schedule****SUNDAY**

10:00am Holy Mass in Malayalam

11:40pm Holy Mass in English

05:30pm Holy Mass in Malayalam

**MONDAY — FRIDAY**

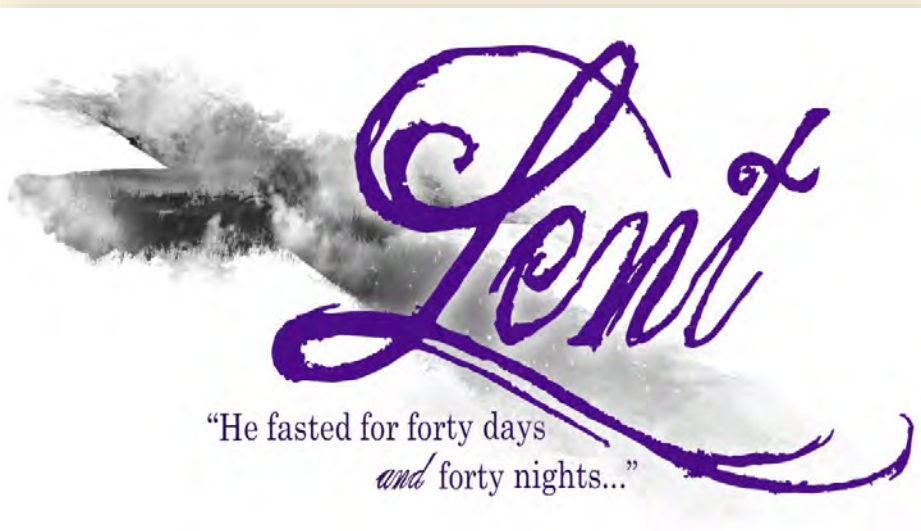
07:00pm Holy Mass in Malayalam

**TUESDAY**

After Mass Novena to St. Anthony

**THURSDAY**

After Mass Novena to St. Jude

**SATURDAY**10:00am Holy Mass in Malayalam  
followed by Novena to Our Lady of Perpetual Help

Ash Monday is one of the most popular and important holy days in the liturgical calendar. Ash Monday opens Lent, a season of fasting and prayer. Ash Monday comes from the ancient Jewish tradition of penance and fasting. The practice includes the wearing of ashes on the head. The ashes symbolize the dust from which God made us. As the priest applies the ashes to a person's forehead, he speaks the words: "Remember that you are dust, and to dust you shall return." Ashes also symbolize grief, in this case, grief that we have sinned and caused division from God.

Priests administer ashes during Mass and all are invited to accept the ashes as a visible symbol of penance. Even non-Christians and the excommunicated are welcome to receive the ashes. The ashes are made from blessed palm branches, taken from the previous year's palm Sunday Mass. The ashes are christened with Holy Water and are scented by exposure to incense. While the ashes symbolize penance and contrition, they are also a reminder that God is gracious and merciful to those who call on Him with repentant hearts. His Divine mercy is of utmost importance during the season of Lent, and the Church calls on us to seek that mercy during the entire Lenten season with reflection, prayer and penance.

It is important to remember that Ash Monday is a day of penitential prayer and fasting. Some faithful take the rest of the day off work and remain home. It is generally inappropriate to dine out, to shop, or to go about in public after receiving the ashes. Feasting is highly inappropriate. Small children, the elderly and sick are exempt from this observance. It is not required that a person wear the ashes for the rest of the day, and they may be washed off after Mass. However, many people keep the ashes as a reminder until the evening.

First Sunday of Lent			
Feb 07	READING	10:00 AM	11:40 AM
1st Reading	Isiah 58: 1-10	Surya Karikulam	Reshma Kannarathil
2nd Reading	Ephesians 4: 17-24	Josmy Edukutharayil	Hansel Madathil
Gospel	Mathew 4: 1-11	Jesus overcomes temptation through fasting.	



#### OFFERINGS

#### വരും നാളുകളിൽ ...

Feb 07	General Body
Feb 08	Ash Monday, Holy Mass at 10:00AM and 7:00PM
Feb 12	Night Vigil
Mar 3 - 6	Lenten Retreat @ St. Mary's Knanaya Church
Mar 4 - 6	Pre-marriage course @ St. Mary's Knanaya Church

### Pilgrimage to Holy Land

June 12 to 22, 2016: (10 days)

Jordan, Israel, Palestine and Dubai

(Amman - Mount Nebo/ MOUNT TABOR/ SAIL ON THE SEA OF GALILEE/ NAZARETH / CANA / HAIFA / MOUNT CARMEL / JOPPA / JERUSALEM/ Mount of Olives/ Gethsemane / Bethlehem, Via Dolorosa / Church of Holy Sepulcher / Jericho/ Dead Sea/ Mt. Zion / Upper Room / Wailing Wall /Ein Karem/ Desert Safari in Dubai/ Dubai City Tour/ Free time for shopping in Dubai/ Visit Burj Khaleefa- the tallest building in world/ Dhow Cruise with Dinner)

**Total Cost: \$ 2690.00 per Person**

### Europe Pilgrimage

October 23rd to November 5th, 2016 (14 days)

Fatima, Lourdes, Assisi, Turin, Rome and Medjugorie

(Fatima AVILA – FATIMA, SANTIAGO DE COMPOSTELA, Lourdes, –AVIGNON – NICE , TURIN – MILAN, FLORENCE – PISA –CITY TOUR ROME – VATICAN MUSEUM, PAPAL AUDIENCE - ASSISI SARAJEVO – ISTANBUL and Medjugorie etc... )

**Total Cost: \$ 2890.00 per Person**

**Registration is open for all including our youth**

Please contact parish office with a copy of your passport and \$ 500 advance check payable to 'FAITH HOLIDAYS'





"Arise, shine for your light has come, and the glory of the Lord rises upon you" (Isaiah 60:1)



# കുറുമേരി മിനിസ്ട്രി നയിക്കുന്ന ഞായറുകൾ ജീവിത നവീകരണ യുഗ്മം 2016

Place : ST:MARY'S KNANAYA CATHOLIC CHURCH,CHICAGO  
(7800 W.Lyons Street,Morton Grove,IL-60053)

Date & Time : March 3-Thrusday 5:30 PM to 9:30 PM (EVENING SESSION)  
March 4-Friday 2:00 PM to 9:00 PM  
March 5-Saturday 9:30 AM to 8:00 PM  
March 6-Sunday 9:30 AM to 5:00 PM

**Retreat for Youth(13-20 yrs) & Kids(6-12 yrs)**

March 5-Saturday 9:30 AM to 8:00 PM  
March 6-Sunday 9:30 AM to 5:00 PM

This powerful! Grace Lenten Family  
Anointing Retreat led by



Fr. Shaji  
Thumpachirayil



Br. Jameskuttu  
Champakulam



Br. Dominic P.D.  
(Chairman Marian TV)



Br. Santimon Jacob



Sr. Ranis Mathew  
MSMI



Sr. Agnes Maria  
MSMI



Br. Martin Manjappara  
(Music Ministry)

Year of Mercy Renewal Lenten Retreat  
Syro Malabar Catholic Diocese of Chicago

These Lenten Retreat days, Lord will shower his abundant graces on all who call upon his name. God will shower his blessings, provide miracle Healings, deliverance, and powerful anointing of the Holy Spirit through out the retreat. This is un imaginable amazing spiritual experience of our Lord Jesus Christ. You may please come, enjoy and experience real love of God.



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